

Name: _____ Index No: _____

School: _____ Sign _____ Date: _____

441/3
HOMESCIENCE
Paper 3

FOOD AND NUTRITION
Practical
JULY/AUGUST
Time: 1 ¼ Hours

**CATHOLIC DIOCESE OF KAKAMEGA EVALUATION TEST
JULY/AUGUST EXAM 2024
FORM FOUR
Kenya Certificate of Secondary Education (K.C.S.E)**

441/3
HOMESCIENCE
Paper 3
2023

INSTRUCTIONS TO CANDIDATES

Planning session: 30 minutes

Practical test session: 1 ¼ hours

1. Read the test carefully.
2. No stationery is provided
3. Write your name and Index number on every sheet of paper test books and recipes may be used during the planning session as reference materials.
4. You will be expected to keep to your order of work during the practical session
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session
7. This paper consists of 2 printed pages.
8. Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

THE TEST

You are spending the holiday at your aunt's home who is expecting a baby. Using the ingredients listed below, prepare, cook and present a two course meal for both of you.

INGREDIENTS

1. Liver /fish/beef
2. Green leafy vegetables
3. Baking flour/potatoes/rice
4. Oil/fat
5. Salt
6. Tomatoes
7. Carrots
8. Onions
9. Dhania
10. Sugar
11. Fruits in season

PLANNING SESSION – 30 MINUTES

For each task listed below, use separate sheets of paper and make duplicate copies using carbon paper.

Proceed as follows;

1. Identify the dishes and write the recipes
2. Write your order of work
3. Make a list of the foodstuffs and equipment you will require.